

People's democratic republic of Algeria
Ministry of Higher Education and Scientific
Research
Mohamed Seddik Ben Yahia University -Jijel-



Faculty of humanities and social science
Department of psychology educational
sciences

Organize a national forum on:
Algerian schools and their role in promoting
healthy diets

Date: November 25, 2026



Honorary President of the Forum:
Prof. Noureddine Ben Ali Cherif-Director of the
University of Jijel

General supervisor of the Forum:
Dr. Rabia Ferrache
President of the Forum:
Dr. Yassine Haine

Conference overview:

A healthy diet is defined as one that: "achieves a good energy balance and a healthy weight; limits the intake of saturated fats, sugars, and salt; excludes trans fats; and increases the consumption of fruits, vegetables, legumes, whole grains, and nuts" (UN Standing Committee on Nutrition, 2017).

According to the same organization, children—or more specifically, schoolchildren—worldwide face nutritional problems. These range from issues caused by food scarcity, poverty, deprivation, and a lack of dietary diversity, to problems linked to the overconsumption of unhealthy foods—specifically those high in fats, sugars, and harmful processed additives or preservatives.

Despite the importance of healthy nutrition, the structured and informed framework that would allow us—as academic researchers—to comprehensively map the various efforts undertaken within the Algerian school system regarding this sensitive issue remains ill-defined. We observe that the health-oriented context—managed by school health or school nutrition services—often overshadows the educational and awareness-raising framework driven by curricula, school administrations, and guidance services. Furthermore, there is a notable absence of school-based contributions within the realm of community-based initiatives aimed at addressing the issue of healthy dietary practices.

Forum Objectives

- To understand the current state of nutrition and nutritional systems within the Algerian school system.
- To establish scientific and educational frameworks—integrated into the curriculum—to correct misconceptions and poor habits regarding proper nutrition.
- To explore ways to integrate the efforts of educational researchers, health professionals, and policymakers in fostering a culture of healthy eating.
- To develop practical, educational guidance plans to raise awareness about nutritional health.
- To examine key experiences from countries facing nutritional health challenges and the role schools play in mitigating them.

Conference topics:

- The role of Algerian schools in establishing healthy dietary systems through the development of educational curricula, legislative frameworks, and the work of school health and nutrition services.
- The school environment and the role of the community in meeting the requirements of healthy dietary systems, and linking the concept of quality of life to skills for developing positive nutritional behavior among students,

drawing on the visions and successful experiences of certain countries.

Members of the scientific committee

N°	Full Name	Status	Rank	University
01	Dr. Adel Boutadjine	The Chair	MCA	University of Jijel
02	Prof. Salim Sifour	member	Professor	University of Jijel
03	Prof. Nadjiba Bakiri	member	Professor	University of Jijel
04	Prof. Naima Sitrerahman	member	Professor	University of Setif 2
05	Prof. Hacina Ahmid	member	Professor	University of Setif 2
06	Prof. Bilal Medjider	member	Professor	University of Jijel
07	Prof. Redouane Bouab	member	Professor	University of Jijel
08	Prof. Imen Boukraa	member	Professor	University of Tamanrasset
09	Prof. Bechta Hanane	member	Professor	University of Batna 1
10	Prof. Rania Boubekiria	member	Professor	University of Tamanrasset
11	Prof. Abdelkader Behtane	member	Professor	University of Jijel
12	Prof. Abderrachid Kias	member	Professor	University of Jijel
13	Dr. Rabia Ferrach	member	MCA	University of Jijel
14	Dr. Belkacem Belguidoum	member	MCA	University of Setif 2
15	Dr. Souhila Allouti	member	MCA	University of Jijel
16	Dr. Hayet Daas	member	MCA	University of Jijel
17	Dr. Abderrazek Hamerlien	member	MCA	University of Tiziouzeu
18	Dr. Otman Kadour	member	MCA	University of Tiziouzeu
19	Dr. Zabida Mecherri	member	MCA	University of Jijel
20	Dr. Siham Benyahia	member	MCA	University of Jijel
21	Dr. Djamel Kaabar	member	MCA	University of Jijel

22	Dr. Fayrouz Djerdir	member	MCA	University of Jijel
23	Dr. Yassine Haine	member	MCA	University of Jijel
24	Dr. Salah Boudib	member	MCA	University of Jijel
25	Dr. Samira Benyahya	member	MCA	University of Jijel

Members of organizing committee

N°	Full Name	Status	Rank	University
01	Prof. Bilal Medjider	The Chair	professor	University of Jijel
02	Dr. Abaidia Ahlem	member	MCB	University of Jijel
03	Dr. Youcef Bazeni	member	MCB	University of Jijel
04	Dr. Moussa Djenhia	member	MCB	University of Jijel
05	Dr. Walid Kerbouche	member	MCB	University of Jijel
06	Dr. Fouzia Yassad	member	MCB	University of Jijel
07	Dr. Debbach Nourhuda	member	MCB	University of Jijel
08	Dr. Salah Bouchina	member	MCB	University of Jijel
09	Dr. Houcem Edine Bendellalou	member	MCB	University of Jijel
10	M.A. Nadjet Laissaoui	member	MAB	University of Jijel

Participation Requirement:

- Languages: Arabic, English, or French.
- Content: must align with conference themes.
- Originality: work must be original, unpublished, and scientifically sound.
- Authorship: individual or two authors only.

- Length: 12-22 pages (including references and appendices).
- Formatting: Sakka Majalla (body 14 headings 16). English/ French Times New Roman (12). Margins: 2 cm on all sides.
- Citation : APA style is mandatory.
- Abstract: tow required (on in paper's language + a second abstract).
- Cover page: must include author(s) info, selected theme, title, and both abstracts.

Important Dates:

- Final submission deadline: November 10, 2026
- Notification of final acceptance: November 15, 2026.
- conference date: November 25, 2026.
- All submissions should be sent via the following email address:

edu.psystantefood.jijel@gmail.com